

# Good Day Good Carer

A service provided for the Health & Social Care Board by:

## Confederation of Community Groups

- Providing a listening ear for carers and an opportunity to be heard.
- Providing information and advice to support carers
- Working to identify support services for carers.

The Health & Social Care Trusts work closely with carer's groups, carer's organisations and other voluntary organisations who provide support to carers. Together we work in partnership to ensure that all carers are provided with the support and care that they need to remain in the caring role.

The Confederation of Community Groups is an umbrella organisation for voluntary and community groups. It offers advice, practical support, services and training through a number of projects and services including Good Day Good Carer

Find Out how

## Good Day Good Carer can help you

Contact:

Good Day Good Carer  
Confederation of Community Groups  
Ballybot House, 28 Cornmarket  
Newry, Co. Down BT35 8BG

Telephone: 028 3026 1022  
Fax: 028 3026 0929

Email: [info@ccgnewrycommunity.org](mailto:info@ccgnewrycommunity.org)

Website: [www.ccgnewrycommunity.org](http://www.ccgnewrycommunity.org)



Reaching Out  
to  
Older Carers

# Good Day Good Carer

## Out-Bound Telephone Support Service

Reaching out  
To  
Older Carers



## Good Day Good Carer

A service available to older carers who:

- Would value some ongoing support and a listening ear
- Need information and advice
- Would like to be signposted to support services.

## We can offer you:

A confidential telephone support service tailored to your needs and delivered by trained volunteers.

There are many ways we can help through our experienced network of support workers and partners. This might be by providing a listening ear, helping to make sure you are getting all the benefits you are entitled to or accessing information to support you in your caring role.



## We will listen ...

Would you like to know about other support services for carers?

## We can guide you ...

Would you like to connect with other events and initiatives that would support you in your caring role?

## We can inform you ...

Would you like to have access to other services and organisations that could assist you in your caring role?

## Could you volunteer for Good Day Good Carer?

Volunteers are vital to the success and delivery of this service.

We are looking for people who are:

- Good listeners.
- Interested in helping others.
- Able to give a few hours per week.

## Would you like to know more?

Call us on 028 3026 1022 or

Email: [info@ccgnewrycommunity.org](mailto:info@ccgnewrycommunity.org).

Or use the form below.

- I am a Carer interested in the Good Day Good Carer service.
- I am interested in volunteering for Good Day Good Carer.
- I am a professional. Please send me a supply of information leaflets.

Name: .....

Address: .....

Telephone: .....

Email: .....

Please return to:

The Confederation of Community Groups  
Ballybot House, 28 Cornmarket Newry,  
Co. Down BT35 8BG