

Confidentiality

Team members will keep your details of care confidential. However, we also have a duty to share information about you with other professionals on a need to know basis. We always inform you before we do this.

It is often very helpful to share information with families and carers. We would always discuss this with you before doing so and would be guided by you, in most cases, about what information is shared.

Access to information

You can obtain additional information leaflets about services from the staff members who visit you. These include subjects such as diagnosis, treatment options, psychological therapies and medication. If English is not your first language we can provide leaflets in other languages and we also have access to interpreters.



Useful contacts

COMMUNITY FORENSIC MENTAL HEALTH TEAM

Ashleigh House
73 Loughgall Road,
Armagh BT61 7PE
Tel: 028 3756 5029

LIAISON, SAFETY & RISK MANAGER

Southern Health and Social Care Trust
Riverside, Bannvale House
10 Moyallen Road, Gilford BT63 5JX
Tel: 028 3883 3371

If you have any concerns, questions or complaints regarding your current treatment and don't feel able to talk to your individual worker you can contact an advocate.

ADVOCACY MANAGER

Inspire Mental Health
Mob: 07811 344 723

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Southern Health
and Social Care Trust

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COMMUNITY FORENSIC MENTAL HEALTH TEAM



INFORMATION LEAFLET

Why have I been referred to the Community Forensic Mental Health Team?

People are often referred to the team when there are significant concerns that a person's behaviour may bring them into contact with the criminal justice system. The aim of the team is to work with people in addressing these concerns.

What I can expect from the team?

You will be assigned an individual worker. The amount of time that you see the individual worker will depend on your specific needs. We will work with you in a way that ensures respect for your individual qualities, abilities and background.



How will the team work with me?

If you are an inpatient the team will start getting to know you before you are discharged. A discharge care plan will be agreed with the Inpatient team, the Community Forensic Mental Health Team and you. This will let you know what support you can expect once you leave hospital.

At the point of discharge you will receive a visit from a team member at least once in the first week. After this visits will continue with you until the first review. Following the first review care will be arranged depending on your specific needs.

Staff will work with you in developing a care plan which works towards your recovery. This is a personal unique process and we will help you to meet the goals you have set for yourself. These might include getting back to work, learning new skills or being involved in your local community. We may also assist you in addressing offending behaviours and managing mental health.

Family interventions

Families and carers have their own needs as a result of the role they provide. Family interventions aim to increase support for the whole family. These include education about illness, including early warning signs, goal setting and problem solving. Interventions are tailored towards the needs of the family.

*This is not family therapy.

Medication

Most treatment plans will include medication. If you want more information about your medication you can ask your Practitioner.

