

The approach of the service is based on partnership, focusing on strengths and developing resilience that will assist in improving and maintaining good mental health.



## Mental Health Home Treatment Service

### ARMAGH & DUNGANNON

The Grange Building  
Towerhill  
Armagh BT61 9DR

### CRAIGAVON & BANBRIDGE

Community Mental Health Dept.  
Trasna House,  
Connolly Place  
Lurgan BT66 8DN

### NEWRY & MOURNE

Ground Floor Nurses Homes  
Daisyhill Hospital  
5 Hospital Road,  
Newry BT35 8DR

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# MENTAL HEALTH HOME TREATMENT SERVICE



INFORMATION LEAFLET

## What is Home Treatment?

Home Treatment is an alternative to inpatient hospital care and is aimed specifically at those individuals at risk of imminently requiring admission to hospital. Such individuals are generally at the acute/severe stage of illness and are likely to require intensive input from nursing and medical staff. The service is delivered by a multi-disciplinary team.

**Working hours are now enhanced to offer 24/7 cover with an emergency response service to the Emergency Department overnight.**

## Referral Criteria

- > Over 18
- > At the point of requiring hospital admission
- > Requiring continual intensive input to facilitate an early discharge from hospital

## Who can Refer?

Referrals can only be accepted from the following:

- > GPs
- > Psychiatrists
- > Community Mental Health Team
- > Other Doctors
- > **Self referral option for patients and carers within 4 weeks of discharge from the service**

## How does the service operate?

Those patients accepted for referral to Home Treatment will be contacted by phone to arrange a suitable time for assessment (within 1-2 hours of receipt of referral.) They will be visited at home or an alternative location by two Home Treatment practitioners who will undertake a detailed assessment. Following the assessment the patient will be informed of outcome as follows:

- > Accepted into Home Treatment
- > Advised that hospital admission is deemed appropriate to their needs and reasons why
- > Signposted to alternative statutory/ voluntary services deemed more appropriate to their care needs

## Following admission to Home Treatment

The patient and practitioner will jointly agree to a treatment plan which will establish visiting patterns e.g. 1-3 visits daily.

The treatment plan will be discussed with the multi-disciplinary team, including medical staff. Any investigations required will be undertaken and medication reviewed as appropriate.

Regular clinical meetings with the Consultant and multi-disciplinary team are held to discuss all patients. Medical staff visits will be arranged as needed.

The treatment plan will be discussed and reviewed at each visit and altered as required.