

## Confidentiality

The information that you share during your admission may be personal and sensitive. All NHS employees are professionally and legally required to maintain a strict code of confidentiality.

If your mental health practitioner feels that your own safety or the safety of others is at risk, it may be necessary to share some of your discussions with other agencies. Your mental Health Practitioner will always let you know if they are going to discuss your information with relevant agencies.

## Visiting Times

Monday to Friday; 3pm – 8pm.  
Saturday, Sunday; 2pm – 8pm.  
*and Bank Holidays*

## Useful Contact Number

**ROSEBROOK WARD**

Tel: 028 3836 0678



Personal and Public  
Involvement (PPI)



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[www.thementalhealthforum.co.uk](http://www.thementalhealthforum.co.uk)



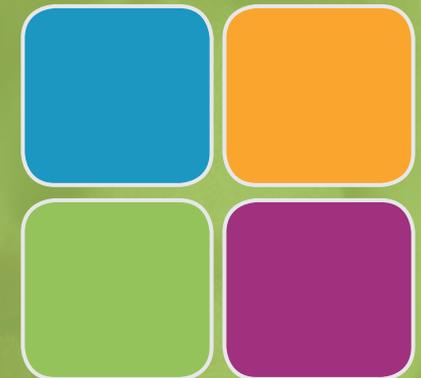
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Southern Health  
and Social Care Trust

*Quality Care - for you, with you*

# ROSEBROOK INTENSIVE CARE UNIT



INFORMATION LEAFLET

Rosebrook ward is a 10 bedded Psychiatric Intensive Care Unit (PICU) situated on the Bluestone site. Rosebrook provides a controlled environment to look after people who are experiencing the most acute phase of their mental illness. Rosebrook ward provides care and treatment for those people whose needs cannot be met within an acute inpatient ward.

Our aim is to manage and reduce the risks associated with the acute phase of mental illness.

Our goal is to help individuals improve living skills, insight and develop the confidence required to return safely to an open ward in preparation for discharge.

Staff will provide an environment and treatment where your privacy, dignity, rights, choice and wellbeing are upheld and respected. It is expected that staff will also be treated with respect during your admission.

## What will happen when I am admitted to Rosebrook?

On admission to Rosebrook you will meet members of the Multi-disciplinary Team who will coordinate an assessment of your needs and develop an appropriate plan of treatment to meet these needs.

You will have a single room with en-suite facilities and access to communal areas for activities, therapies and meals.

In order to provide safe and effective care there may be restrictions imposed on certain items during your admission to Rosebrook.

You will be informed of your rights throughout your admission to Rosebrook.

Some people admitted to Rosebrook may require a higher level of nursing that may also result in further time limited restrictions.

Rosebrook ward has robust policies and procedures in place to ensure that any restrictions imposed are necessary, proportionate and reviewed regularly.

## What will happen during my admission?

The Multi-disciplinary team will work with you to develop a therapeutic, recovery based careplan to meet your individual needs. This will evolve during your admission as you move along your journey of recovery.

Rosebrook ward provides a comprehensive range of therapeutic interventions including psychological, occupational and recreational activities.

Advocacy services are available to all patients and carers within Rosebrook.

An assessment of your carer's needs can be facilitated if requested or required.

During your stay in hospital it may be necessary to move rooms, this will be a clinical decision and discussed with you.



**Promoting Hope,  
Opportunity and  
Personal Control**

