

Reduce the Risk of Fire

among patients and clients living at home

Consider could they be:

1. At greater risk of an accidental fire?
2. Less able to leave their home quickly if a fire started?

Most common causes of fire:

- Careless use of smoking materials
- Chip pans, grills, cooking left unattended
- Careless use of electrical appliances that emit heat
- Naked flames, candles

Factors that increase fire risk

- Living alone, social isolation
(Male, female, single parents)
- Smoker in the home
(Butts, matches, lighters)
- Age
(Risk increases with age)
- Substance use
(Alcohol, medication, illegal drugs)
- Physical impairment
(Disability, mobility, sensory loss)
- Mental health illness or mental impairment
(Depression, learning/memory problems, a neurological condition causing unconsciousness)

Do they have....

- Working smoke alarms?
(Test every week)
- A night time routine?
(Doors, electric appliances, electric blanket, open flames, clear exit, keys)
- Ability to respond to working smoke alarms?
(Call for help, physically escape)
- An escape plan?
(Themselves, other occupants)
- Need of a specialised smoke alarm?
(Vibrating pad, strobe light)

If you have any concerns:

Suggest a Free Home Fire Safety Check. This service is available from Northern Ireland Fire & Rescue Service. It involves local Firefighters visiting the home to...

- identify fire hazards in the home;
- discuss ways to prevent fire;
- look at the provision & fitting of a smoke alarm (where needed);
- give help in developing a fire escape plan.

Clients can self-refer or you can do this on their behalf.

 028 9260 0477  www.nifrs.org

Remind your clients/patients never to investigate or tackle a fire themselves.

First response:

Get Out, Stay Out and Get the Fire Service Out. Ring 999 once safely outside.



Northern Ireland
Fire & Rescue Service



Southern Health
and Social Care Trust

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www.southerntrust.hscni.net